

# TEAM CANADA ISDE 2025 GUIDEBOOK

Version 1, Feb 25, 2025





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#### 1. INTRODUCTION

You are receiving this Guidebook as you have applied to the CMA for a rider position on a Trophy or Club Team at the **2025 International Six Days Enduro (ISDE) in Bergamo**, Italy. This booklet is intended to provide you with an all-inclusive look at how the Team is managed, who the key personnel are and what is expected of you.

<u>This is a world championship event</u>, and you are representing Team Canada. There is no higher level of motorcycle competition, period. At such a level, you must know the governing FIM regulations, CMA rules and processes and conduct yourself in accordance with the ISDE Team Canada Code of Conduct.

If you have support people assisting you (not compulsory), then please have them read these documents and the rules as well. This will minimize mistakes and reduce stress so that you can focus on what is most important, your competitive performance at a world championship race.

Note that the 2025 race in Bergamo is taking place 51 days sooner than the 2024 race in Spain. This compresses the schedule and reduces the time available for registration, team selection and all the support work required. Be attentive, read this guide booklet, frequently visit the Bergamo ISDE website (<a href="https://fim-isde.com">https://fim-isde.com</a>) for event information and updates, read and know the FIM regulations. Each year the hosting country issues a **Supplementary Regulation** which provides event specific information, the Italy Bergamo current version has been issued, although not complete, and can be found on the Sportity app. You must download the "**Sportity**" app and refer to it frequently for real time updates and all of the race information described above. Daily race information and your times will be posted frequently.



The race specific Supplementary Regulation is very informative and continually being updated, it contains information such as:

- Location of the paddock, practice track & airports
- Registration process and timing
- Event fees and deadlines (managed by CMA for all riders prior to departure)
- Accommodation, car rental and airport information
- Shipping & logistics contacts
- Racing services and bike rentals
- Paddock set up, hours of operation & rules
- Administrative and technical inspections
- Motorcycle insurance
- Race routes, time check and special test locations
- Opening ceremony, starting order





#### 2. TEAM SELECTION

The CMA shall select trophy team members each year. A trophy team selection committee has been established that will allow committee members from across Canada with extensive cross country and ISDE experience to rank the applicants, primarily by historical race results.

The Committee will consider rider history when making team selections, such as;

- 1) The rider's enduro race results over the last year, with special consideration for improvement in performance and most recent results.
- 2) The rider's previous results at the ISDE, recent events carrying greater weight.
- 3) The rider's demonstrated maturity and ability to work as a team member in a grueling endurance event. To remain a positive team player in all circumstances.

Should you not make the cut, then participating in a Club Team will provide you with ISDE experience and enhance your competitive resume for the future. Should a Trophy Team rider withdraw or not be able to compete (ie: injury, sickness, personal circumstances) a Club rider will be best suited to replace him/her. Note that applicants should be expert level, this is a world championship event. We anticipate that Trophy Teams will be named during the month of March.

Each country participating in this event may field the following teams:

- World Trophy: Four riders
- Junior World Trophy: Three riders under the age of twenty-three
- Women's World Trophy: Three female riders
- Club Teams: Three riders
- Veteran Club Team: Three riders (50+)

Team results are determined by aggregating the scores (times) of individual riders over the six days. Riders not finishing the six days are assigned a three-hour penalty for each day not completed. The team with the lowest cumulative score wins in each category.

#### 3. 2025 TEAM FINANCIAL REQUIREMENTS

Participating in a world championship event is a costly endeavor. We have captured the main expenses you will be incurring in the table below. Please note that all amounts are estimates and may change based on FIM & CMA requirements, exchange rates, shipping rates, and other factors.

Each year a certain number of fund-raising activities are undertaken. To an extent, the amount of money raised and any benefit you may receive will be influenced by the effort you contribute. All Trophy riders must agree to participate when asked.

There are three main categories of expenses:

- Event fees: FIM license (includes competition medical insurance), entry fee
- **Travel expenses**: your self-managed travel & meal/food costs, travel medical insurance and team-managed accommodation costs





• **Equipment expenses**: the cost to ship your bike from Canada or rent one in Bergamo, the compulsory cost of the "Bike Service", any spare parts and tools you choose to ship.

#### Estimated ISDE Event Rider Costs (based on 2024 costs/fees)

DESCRIPTION						
EVENT FEES (estimated)						
2025 EVENT REGISTRATION FEE: for World Junior Trophy and Club Teams, paid to the CMA						
2025 EVENT REGISTRATION FEE: for Woman's Trophy and Club Teams, paid to the CMA						
FIM LICENSE FEE; World and Junior Trophy Teams, includes emergency medical insurance during the race						
FIM LICENSE FEE; Women's Trophy & Club Teams, includes emergency medical insurance during the race						
THIRD-PARTY LIABILITY INSURANCE, for driving your bike on public roads.						
<b>TEAM CANADA SUPPORT FEE</b> : shipping of bikes to and from the event, depends on the number of riders. (estimate)						
TRAVEL EXPENSES (estimated)						
Estimated flights per person to Bergamo and return						
Estimated accommodation per night						
Estimated meals and car rental while in Bergamo per day						
IT EXPENSES (estimated)						
Bike crate for shipping your bike, tools & spare parts						
Spare parts & tires						

These values are estimates based on last year's event. FIM and Italy costs will depend on exchange rates and the selections you make. Team Canada support fee will also vary with the number of riders sharing the costs. You must make certain payments directly to the CMA to cover the following costs:

- FIM license
- ISDE entry fee, including competition medical insurance
- Third party liability insurance for your bike
- Hotel reservations





### 4. 2025 ISDE IMPORTANT DATES & DEADLINES

The table below provides you with a detailed list of activities. This will have to be updated as information is made available from the organizing country. Some dates are known (bold) but most are estimated dates (Spain dates less 51 days) are in italics.

DATE	INFORMATION					
2025-02-28	CMA applications deadline, 500\$ rider deposit due					
2025-03-15	Trophy Teams selected; riders notified					
2025-03-15	<ul> <li>800\$ rider deposit due</li> <li>500\$ support person accommodation deposit due</li> </ul>					
2025-03-03	Final date for CMA to register Club teams in FIM system					
2025-03-20	<ul> <li>The deadline for riders to create their "FIM Profile" and sign in on the "Registration Platform" on the FIM website. March 4-20 is the window</li> </ul>					
2025-03-31	<ul> <li>Riders submit FIM license applications &amp; additional deposit due (≈ \$ 1,000)</li> <li>CMA Tour Package registration closes; Riders/Family/ Support/Volunteers. Managers, all support and service activities including riders and team mechanics/minders</li> <li>Book early <u>late enrollment will not be accommodated</u></li> </ul>					
2025-04-15	<ul> <li>Deadline for the CMA to register World Trophy Teams</li> <li>Deadline for CMA payment of 50% of registration fees to FIM</li> </ul>					
2025-04-20	FIM confirms teams and rider registration to the CMA					
2025-04-21	FIM provides official templates for number plates					
2025-05-20	<ul> <li>ISDE Support fee (or "final payment") of approximately CDN\$3,000.00 due to CMA</li> </ul>					
2025-05-25	Complete itemized list of shipping crate contents must be submitted to the Team Manager					
2025-06-06	<ul> <li>Deadline for CMA payment of final 50% of registration fees to FIM</li> </ul>					
2025-06-20	Your crate must arrive in Montreal to be loaded into the Team container [to be confirmed]					
2025-07-30	ISDE entry fees & FIM licensing paperwork must be submitted to the CMA (Heather Wakeford)					
2025-08-16	Team track walking starts					
2025-08-18	<ul> <li>Unload container, setup paddock</li> </ul>					
2025-08-20	Test track open [to be confirmed]					
2025-08-21	Technical inspection and impound of motorcycles begin					
2025-08-22	Opening ceremonies					
2025-08-24	Racing begins					
2025-08-29	<ul> <li>Racing finishes, closing ceremonies &amp; awards, pack crates, paddock tear-down, load container</li> </ul>					

The dates shown in italics are estimates as the FIM had not published all information at the time of issue of this Guidebook. These estimated dates were derived from last year's ISDE schedule by removing 51 days each, as the event if schedule to occur 51 days earlier than the Spain event. Consult the **Sportity** app, the CMA website or email the Team Manager for updates.





#### **5. TEAM MANAGEMENT**

The Team is led by volunteers who have a passion for the sport and want you to do well. Each year a Team Manager is appointed by the CMA who has ISDE and team management experience. The amount of work and effort required to accommodate the team and give you the best chance is quite extensive. Each year additional volunteers contribute their time to raise money, publicize the events, ship bikes, arrange accommodations and so on. Show them your appreciation and note that belligerent behavior will not be tolerated. A certified FIM-Delegate is also required to represent the team at daily FIM managed "Race Direction" meetings. This could be the Team Manager or another volunteer, but they must be certified by the FIM.

# The table below is a list of the volunteers for the 2025 event in Bergamo and what they do for the team.

POSITION	NAME	EMAIL	ROLE
Team Manager	Earl Scott	earl.scott@shaw.ca	Appointed by the CMA to provide overall coordination of the riders and teams.
FMN Delegate	Mario Jakowski	lexario@gmx.com	<ul> <li>Oversees rule compliance and represents Canadian riders at the Race Direction meetings (FMN Delegate)</li> <li>Provides daily updates to the riders/team on any rule or time issues, penalties or protests.</li> </ul>
			Represents the riders/Teams at the Jury when issues arise.
	Renee Turner	renee71turner@gmail.com	Race jerseys   team apparel   fundraising
Team	Carla Carey	carlacareymoto@gmail.com	Accommodations   liability insurance   fundraising
Coordinators	Jeff Pillon	jefpil@absolutetooltech.com	Equipment logistics   container   shipping
	Noel Flatters	noel@enduro.media	Media plans to promote team & athletes

Teamwork is essential for success at the ISDE. Riders and support personnel must prioritize team goals and contribute to the collective effort. Remember those supporting you are volunteers, not paid professionals. Treat everybody with respect.





#### 6. RIDERS - PREPARATION

One of your first decisions is whether you are going to ship your bike or rent one in Bergamo. All Riders must subscribe to a "Racing Service". Some racing services agents are bike brand specific (i.e.: Gas Gas, Husqvarna, KTM, Sherco, TM etc.) and some are generic (i.e.: WP, JET, Fantic etc.). This service consists of tools, tire levers, tire changers, some spare parts, lubricants, filters, fuels etc. Prior to the list of service providers being posted on the 2025 Bergamo website, you can refer to the 2024 Spain ISDE Website (<a href="https://fim-isde.com">https://fim-isde.com</a>) under "INFO" for a list of companies that provided the "Bike Rentals" and "Racing Service" at that event and the associated costs. Remember, the Sportity app is the official means of conveying information to the teams/ridres. We expect similar arrangements at Bergamo and they will be announced soon. Each Rider is responsible for selecting the rental and/or service provider and ensuring payment is made on time. You will be asked to provide evidence of payment prior to departure from Canada.

Riders must practice and be very proficient at tire changes by themselves as assistance is not allowed by FIM regulation. Racing Service mechanics in the paddock will not be family members. The trophy teams will be expected to change 2 tires per day, in addition to an oil and filter change. The use of mousse tubes is compulsory. The Racing Service mechanics will assist the rider with oil changes, refueling and other fluid replenishment within the restrictions of the FIM regulations. All of this needs to be completed within a fixed time. Additional time is applied to your score.

Th European countries which are part of the Schengen group will soon require Canadians to obtain ETIAS Authorization (European Travel Information and Authorization System) prior to travel. The electronic visa waiver is valid for three years and is expected to cost about EUR 7. You will need to apply and pay online. Refer to the ETIAS website: www.etias.ca

You should refer to the following FIM websites, to access the technical and sound regulations as well as the Bergamo website and the **Sportity** app for current information. Please ensure you check and conform to the helmet and chest/back protector requirements.

**2025 FIM Technical Rules**: www.fim-moto.com/en/documents/view/2025-1-enduro-isde-superenduro-hardenduro-technical-rules-06-01-2025

**2025 FIM Sound Regulations**: www.fim-moto.com/en/documents/view/2025-1-fim-sound-regulations-09012025

**2025 Italy ISDE Website:** bike rentals, bike service, bike washing, catering, schedules, paddock, regional information: <a href="https://www.fim-isde.com">www.fim-isde.com</a>

**2025 Supplementary Regulations**: https://www.google.com/url?q=https://www.fim-moto.com/fileadmin/user\_upload/Documents/2025/SR\_-\_\_2025\_FIM\_International\_Six\_Days\_\_Enduro\_-\_Bergamo\_\_ITA\_\_13.02.2025.pdf?t%3D1739547654&sa=D&source=docs&ust=17398120 40590538&usg=AOvVaw30j1aUP7AAtsPwplqe2pMZ





#### 7. RIDERS - EVENT RESPONSIBILITIES

**Event Administrative & Technical Inspection**: A registration window will be provided by the organizer at the event for each Country's team, there will be both an administrative and technical inspection. For now, we know that it will be on August 21/22. Have your documents ready and make sure your bike is compliant <u>before</u> you ship it. Each rider must have a valid driver's license, plus if you are shipping a motorcycle, the original registration (originals, no copies) and a license plate. Create a plastic copy of your plate and secure it to the rear fender of your motorcycle. You will also be required to provide your international insurance certificate for the bike, which will be arranged by the team and yourself ( payment, bike details) prior to departure from Canada. If you rent a bike this is typically included in the rental fee.

**Bike Specifications**: You must provide the proper technical information such as bore and stroke, serial number etc., during technical inspection.

**Jerseys**: All Team riders must wear matching jerseys during the whole event including Opening and Closing ceremonies. This is an FIM rule and must be respected. Team Canada has sourced team **j**erseys for all riders and clothing for riders. Both for fundraising and support personnel.

**Team Meetings** will be coordinated daily by the Team Manager or delegate. Attendance and participation is compulsory. In addition to basic organizational issues, the FIM-Delegate will provide an overview of event changes, track changes, updates, incidents, and penalties. Teams will discuss the day's events, share learnings and strategies for the following day. This meeting fosters teamwork and ensures all riders are kept informed of all critical issues, and able to compete at the highest level. Your participation, contribution and support of this team exercise will not go unnoticed.

**Bike Maintenance**: All riders must perform all maintenance on their machine during the competition. Learn and practice the skills needed to personally service and repair your machine including tire changing before arriving at the ISDE. If you take more than the allotted time, additional time is added to your score.

Communications: The primary method of contact between the CMA and you will be by email. Confirm the team manager has a correct, current email address for you. We also need a shipping address for you that will be good until your departure date. It is recommended for riders to get a foreign phone/data plan. WhatsApp is used as the main method of team communication. Please ensure you have downloaded the app. Provide your contact details to the team manager prior to departure from Canada. The primary means of obtaining races specific information and race results is via the Sportity app. You must access this app daily to obtain your start times/minutes/results and race notifications.

**Media**: All team members will make themselves available for scheduled team media and on asneeded basis when feasible.

**Container Loading/Unloading**: All riders must assist in unloading the container and general paddock setup. All riders must assist in the loading of the container at the end of the event.

**Emergency Preparedness**: Ensure the Team Manager has a copy of your passport, medical





insurance and emergency contact phone number(s). As a FIM license holder, you will be provided with emergency medical and evacuation insurance valid while competing. However, you must have your own travel and medical insurance for the duration of the event. Prepare a 'Go Bag" which contains this essential information and spare cloths/shoes so that if hospitalized, it can be easily retrieved and delivered to you. Typically, hospitals services are expensive and must be paid in cash or by credit card, make sure you have credit allowance on your card to accept a sizable payment until the insurance takes over or re-imburses you. It is important to advise your insurance provider immediately upon admission as it is a condition of the insurance policy.

#### 8. RIDERS - SUPPORT TEAM

With all riders utilizing the Racing Service, support personnel are not required. However, support personnel can assist with unpacking of the container in the paddock, assembly and setting up of your bike, assistance on the test track, all prior to technical inspection and impounding in Parc Ferme. Assistance could also be rendered at the conclusion of the vent with crating of the bike and loading of the container prior to shipment back to Canada.

#### 9. BIKES – RENTAL & SERVICE

You have the option to ship your own bike or rent one at the event. Refer to the FIM Bergamo website for a list of rental providers. The 2025 website was not complete at time of publishing this document, however, last year's website may still be active to access critical information and familiarize yourself with the process and cost. If you are shipping a bike that is not KTM/Husqvarna/GasGas you may have limited parts support on site.

Riders <u>must</u> enroll with one of the bike service providers for the provision of tools and support during the event even when shipping your own bike. The team Canada paddock area will be utilized for;

- placement and unpacking of the team container
- for riders to unload and assemble their bikes, sort out their gear, tools and spares
- bike set up during the pre-race, test track riding session
- storage of rider's equipment/items
- bike disassembly and repacking at the end of the event
- container repacking & preparations for return shipment to Canada

You will service your bike each morning in the pre-start area within the Parc Ferme, at each of the check points in the service providers tent, and at the end of each day in the paddock area at the service providers tent, prior to returning your bike to Parc Ferme for the evening.

Tire sales are available at the event and pre-ordering is highly recommended. Arriving and tire shopping is not an effective use of your time, and quantities may be very limited. Consult the 2025 ISDE website.

#### **10. BIKES – MINIMUM EQUIPMENT REQUIREMENTS**

You have two choices; to rent a bike at the event or pack and ship your own. In either case, there are very specific technical requirements dictated by the FIM. This is a world championship event; you must know the FIM regulations governing your bike. Here are a few requirements, refer to the FIM





regulations for all. Your bike must;

- have a valid plate and registration, with proper serial number, from your home province.
- •have a tail light, headlight and brake light powered by generator, no batteries allowed.
- •have a permanent side stand, bolt on or welded on.
- have an OEM countershaft protector that has not been modified.
- have a speedo/odometer and a horn operated by electricity.

These are the rules, but they evolve with time, so prepare for the strictest application of the rule book and refer often to the FIM website.

#### 11. BIKES - LICENSE PLATES AND REGISTRATION

You must present the original registration document when you sign up at the event to obtain vehicle insurance from the organizer. You must have the original license plate installed on the rear fender for technical inspection, there are no exceptions. Also, to prevent the loss of your documents, get the registration scanned so that you have multiple copies. Keep copies in your bum bag, your luggage, with your partner or support person. Never say it can't be lost.

Take your license plate to a graphics business and get them to reproduce the plate with plastic card stock, in a 3"x4" size that can be fastened onto the rear fender of your bike. Make multiple copies of this in case they are lost, damaged during the race or stolen. *You are required to always have a plate on your bike.* 

#### 12. BIKES - SHIPPING & CRATES

If you are shipping and do not have a crate, you will need to manufacture one to the following requirements:

- Maximum dimensions of 75" wide, 43" tall, and 21" deep.
- The crate must be stackable and have a sound frame to support another 1000 lb crate on top of it while in transport. The container is on a sea going vessel with constant movement for several weeks. Check for contact and wear spots prior to sealing your crate.
- The crate must be blocked for use with a fork lift and have some means of rolling.
- Note that shipping a motorcycle with fuel in the tank will nullify the insurance policies while it is categorized as cargo. You will need to ensure your tank and carburetor is drained prior to shipping from Canada and also, prior to crating in Bergamo. Check online videos of container ships on fire.
- Your spare parts & tools should be securely stored in your crate.

#### 13. TEAM APPAREL & GRAPHICS

Team jerseys, T-shirts and pit shirts have been selected for the Team. It will be required to be worn by all members. You will be contacted to verify order quantities, sizes AND Sponsors. When you are acquiring gear for the six days, please buy red/white pants (whatever color combo your brand has) that will match our jerseys and flag colors.

Note that we will provide you with team sponsor logos for graphic kits and where they





are to be fixed to your jersey/bike. This is in recognition of the value the sponsors have contributed to the team collectively.

Each team can use their own decal company. Trophy Teams must look the same. Club teams can have their own design. You will be supplied with a Team sponsor logo graphics kit. FIM regulates the number plate size and appearance.

#### 14. CLEAN SPORT & FIM ANTI-DOPING

This is a World Championship event and the FIM is very firm on doing everything possible to prevent or detect the use of illegal performance enhancing drugs and substances.

Team members must familiarize themselves with <u>the FIM Anti-Doping Code</u> and review <u>the FIM</u> 'Ride True' Anti-Doping resource.

The FIM conducts random drug tests at the ISDE. Any athlete who feels there is a chance that he/she may not pass the drug test should inform the CMA, the FIM Delegate or the Team Manager before they accept a position on the team. Please note that the FIM Anti-Doping code applies to both riders, rider support personnel. Team members are "deemed, as a condition of [their] participation or involvement in the sport, to have agreed to and be bound by [FIM] Anti-Doping rules and to have submitted to the authority of the FIM to enforce these Anti-Doping rules."

#### 15. MEDICAL -INSURANCE & VACCINATIONS

Medical insurance: you must have international medical travel insurance and will also be subscribed in the FIM medical insurance program, which is included in your entry fee/license and covers the period of time you are racing on your bike. Travel coverage almost always excludes participation in an "organized speed event" (racing). The FIM provided insurance covers you only while competing. Keep copies of the insurance forms with you and provide a copy to your support person and the Team Manager.

Vaccinations: Check with the local medical center/health unit for the recommended vaccinations for traveling to Europe. Also visit your doctor and ask for a stomach flu vaccine called Dukoral, highly recommended. Please notify the Team Manager if you or any of your support people have any food allergies or medical conditions that they should be aware of.

Medications: A six-day event is physically demanding and lasts for, well, six days without time for recovery. Depending on the individual, anti-inflammatories such as Ibuprofen, and painkillers such as Tylenol are highly recommended. Unless you have ridden a six-day event, you will be surprised as to how difficult it is and the toll it takes on your body. Swollen feet, joints and hands often require attention that you've never experienced before. You should consult with your family physician and seek advice on this subject, be prepared.





# 16. ATTACHMENT 1, TEAM CANADA - CODE OF CONDUCT

The ISDE is an international world championship event. Participants are representing Canada and the Canadian ISDE Team collectively.

Teamwork is essential for success at the ISDE. There is no class or category for an individual rider at the ISDE, it is truly a team event. Riders and support crews must prioritize team goals and contribute to the collective effort.

By accepting a position on the Canadian ISDE Team, a rider commits to:

- Represent Canada and the team at the highest level.
- Assisting with team fundraising efforts to cover expenses.
- Maintaining professionalism and dedication throughout the event.
- Being respectful of team volunteers and fellow competitors.
- Participating in daily team coordination meetings.
- Know, understand and comply with FIM regulations
- Respect the host country and their laws and traditions, be an appreciative guest

If a team member and/or team associate (family, friends, etc.) behavior becomes detrimental to the team effort, that individual may be removed from the team and future events. Although discipline is extremely rare, the Team Manager may be called upon to act in a way that ensures the best interests & reputation of the collective team are not compromised.



